

Which is your learning style?



Just a couple of questions to find out...

You're participating in some IT related training and have a choice of course delivery formats. Which training format would you choose?

Online/virtual LIVE training

Face to face classroom session

E-training, self-paced



Which of the following statements reflects you most?

I prefer to look at facts and figures in a graph/diagram format

I learn best from being part of discussions around a certain topic

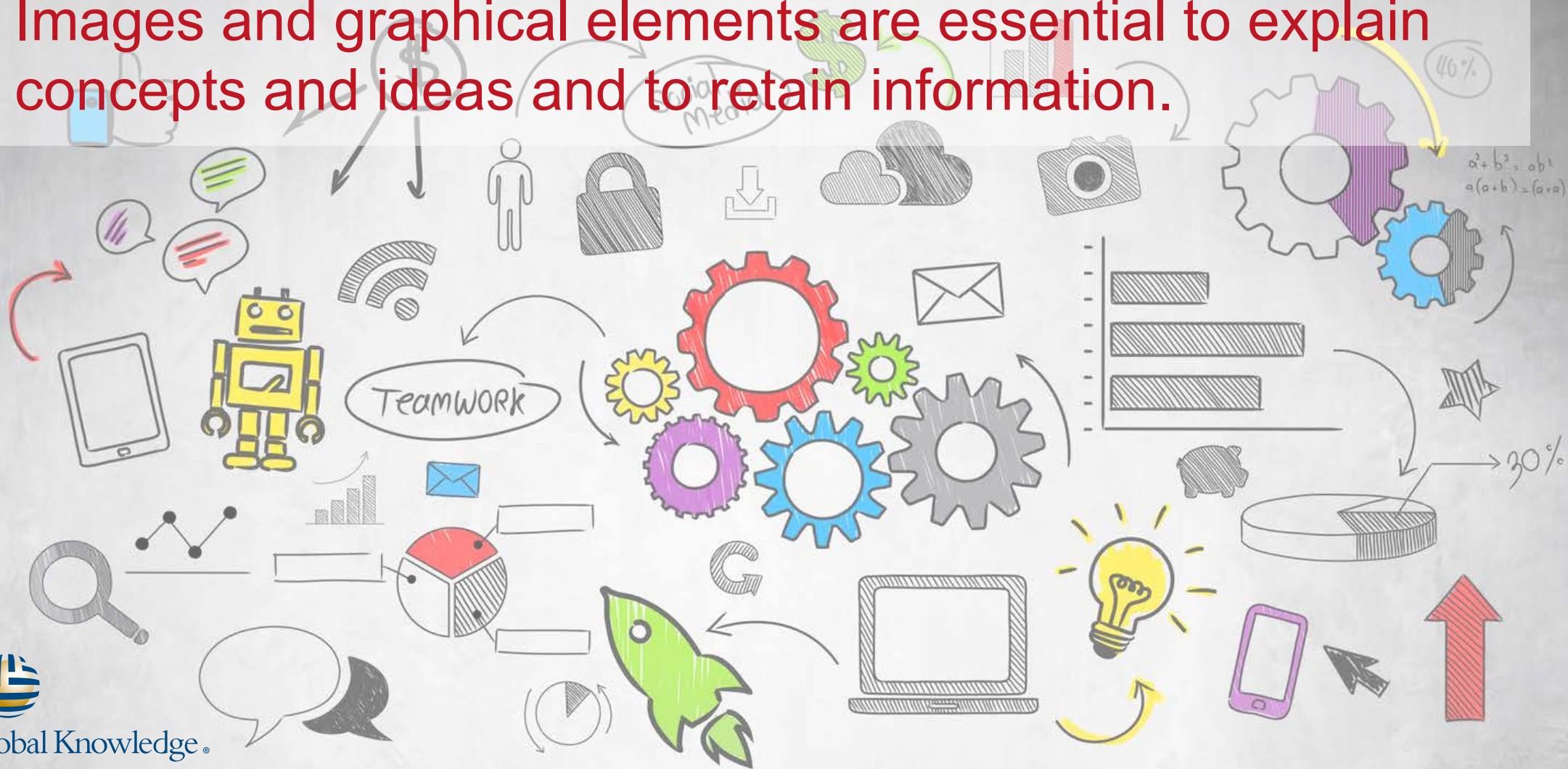
I like receiving handouts and textbooks to learn a certain subject

I learn best through demonstrations and being hands-on



You're a Visual Learner

Visual learners prefer graphic elements over words, using images, charts and graphs to process information. Images and graphical elements are essential to explain concepts and ideas and to retain information.



You're an Auditory Learner

Auditory Learners prefer attending lectures and discussions, retaining the most when information is spoken. Listening and talking through things helps to process information and retain new concepts.



You're a Reading/Writing Learner

Reading/Writing learners enjoy reading and writing essays and assignments. Written words, whether by others or themselves, is key to processing and retaining new information.



You're a Kinesthetic Learner

Kinesthetic learners need practical experience to process and retain new information and concepts. Direct, tactile experience is key to their learning process.



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